

1450 W. 228th St. #8 Torrance,CA 90501 Toll Free: 800-383-0305 Fax: 800-801-9070

www.vsathletics.com

Setting Up The New Sector

SETTING UP 34.92-DEGREE THROWING SECTOR: A 34.92-degree which has the unequal side 0.6 times the length of the equal sides. It can angle is the angle between the two equal sides of an isosceles triangle center of the circle with two tapes. Pull the two tapes tight and separate be mathematically expressed as 2arcsin (0.30). Measure out from the other sector line tape and holds the 12-meter mark of the cross pulls tight on the sector line tapes and holds the zero mark of the cross people and three tapes to do this. One person holds the two tapes which them by 12 meters at the 20-meter mark on each tape. It will take three sector lines. The sector lines can be extended if longer throws than the the stopboard and permanent purs or stakes are placed at the ends of the measuring tape at the 20-meter mark. The sector lines are centered on measuring tape at the 20 meter mark. The third person pulls tight on the will locate the sector lines in the center of the circle. The second person Sectors for the discus and hammer are set up in a similar manner ends for these sector lines (18.93 m) are anticipated

keeping the ratio of cross measurement length to sector line length at 0.6. For example, one might use sector lines of 60 m and a cross